

How long have you/has he been action+ing?
I've/He's been action+ing for/since.....
Ever since I actioned, I have been action+ing

Educate the people

Provide online teaching

Consume alcohol

Fight global warming

Direct this project

Subscribe Bhaskar

Interrogate the culprit

Read Times Of India

Promote this company

Consult doctor

Plant trees here

Cultivate rice/maize

Supply arms to criminal

Have nightmares

Ever since He came here He has been pulling my leg.

I think, Cat got your tongue

Hey dear, I can't thank you enough

For- Period of time

Since-Point of time